SPEAKER · TRAINER · AUTHOR · CREATOR

# Nicholas Townsend Smith

*Known as The Gentle Giant*

**MPsy in Industrial/Organizational Psychology**

## ABOUT

Nicholas Townsend Smith helps people rewrite the programming that keeps them small. He learned how the hard way, through his own fight with anxiety and cPTSD. His books include The Giants and the Smalls, The Giant within the Small, The Tortoise's Hair, and The Art of Accomplishment. He holds a master's in Industrial/Organizational Psychology and co-created the 12 Journeys, a research-grounded path to lasting change that anyone can walk.

## HAS TRAINED

DoTerra (Leaders) · The Ultimate Experience Birmingham
Utah State Board of Education (Special education teachers)

## SPEAKS ON

Identity and Personal Growth · Goal Achievement and Behavior Change
Ethical, No-Pressure Sales · Leadership and Team Growth
Practical AI for Business · Storytelling and Authorship

## SIGNATURE TALKS

- **The Giant Who Forgot**
- **You're Not Broken, You're Stuck**
- **Rewrite Your Story**

**Watch:** youtu.be/ZUZgtn0XbjY

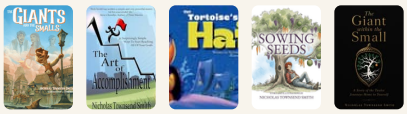
## HEARD ON

**Podcast guest on:** The Eddie Villa Show · Mastering Your Emotions
The Ultimate Coach Podcast · The Kathy Perry Show
Solopreneur Money · Awakening Sould Divinity Podcast · and 3 more

## AT A GLANCE

- **4,200+** people coached
- **360+** interviews on Wake Up With Giants TV
- **25 years** in sales
- **12 Journeys** co-created with Ryan R. Morris

## BOOKS




The Giants and the Smalls
The Art of Accomplishment
The Tortoise's Hair
Sowing Seeds
The Giant within the Small

## PODCAST

**Wake Up With Giants TV**
tribeofgiants.com/podcast

## FORMATS

Keynote · Training or workshop
Podcast or interview

## TO BOOK NICHOLAS

**tribeofgiants.com/book-nicholas**

Speaker kit, intros and photos: tribeofgiants.com/speaker-kit

Scan to book