

SPEAKER · TRAINER · AUTHOR · CREATOR

Nicholas Townsend Smith

Known as The Gentle Giant

MPsy in Industrial/Organizational Psychology

ABOUT

Nicholas Townsend Smith helps people rewrite the programming that keeps them small. He learned how the hard way, through his own fight with anxiety and cPTSD. His books include The Giants and the Smalls, The Giant within the Small, The Tortoise's Hair, and The Art of Accomplishment. He holds a master's in Industrial/Organizational Psychology and co-created the 12 Journeys, a research-grounded path to lasting change that anyone can walk.

HAS TRAINED

DoTerra (Leaders) · The Ultimate Experience Birmingham
Utah State Board of Education (Special education teachers)

SPEAKS ON

Identity and Personal Growth · Goal Achievement and Behavior Change
Ethical, No-Pressure Sales · Leadership and Team Growth
Practical AI for Business · Storytelling and Authorship

SIGNATURE TALKS

- **Small to Giant**
- **You're Not Broken, You're Stuck**
- **Rewrite Your Story**

Watch: youtu.be/ZUZgtn0XbjY

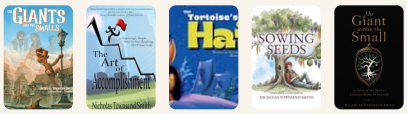
HEARD ON

Podcast guest on: Sunday Soul Day · The Eddie Villa Show
Mastering Your Emotions · The Ultimate Coach Podcast
The Kathy Perry Show · Solopreneur Money · and 4 more

AT A GLANCE

- **4,200+** people coached
- **360+** interviews on Wake Up With Giants TV
- **25 years** in sales
- **12 Journeys** co-created with Ryan R. Morris

BOOKS



The Giants and the Smalls
The Art of Accomplishment
The Tortoise's Hair
Sowing Seeds
The Giant within the Small

PODCAST

Wake Up With Giants TV
tribeofgiants.com/podcast

FORMATS

Keynote · Training or workshop
Podcast or interview

TO BOOK NICHOLAS

tribeofgiants.com/book-nicholas

Speaker kit, intros and photos: tribeofgiants.com/speaker-kit

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